



BIGGIN HILL
PRIMARY SCHOOL
*Part of the Charles Darwin
Academy Trust*

BHPS SAFEGUARDING

BULLETIN

2021 #7

A MESSAGE FROM OUR DESIGNATED SAFEGUARDING LEAD

Dear Parents and Carers,

As the academic year draws to a close, we thought it would be helpful if this month's safeguarding bulletin provided a focus on practical advice for the summer months as well as some useful signposting for our families.

Thank you to children that have entered our 'Perfect Parking' road safety competition launched earlier this month. We have received some fabulous entries and will announce our winners in our newsletter on Friday.

It has been such an incredibly challenging year for families and though there is light at the end of the tunnel, no one knows what the future holds. We take huge pride in supporting our families here at Biggin Hill Primary School and encourage both children and parents/carers to seek support, if they feel they need it, through Mrs Sargeant, Family Liaison and Inclusion Assistant. If there is anything you are worried or concerned about during this last week, please do not hesitate to contact us.

Finally, as lead of the safeguarding team at Biggin Hill Primary School, I would like to wish you all a very safe, restful and enjoyable summer.

We look forward to supporting you all during the next academic year.

Have a wonderful summer!

My very best wishes,

Hannah Freeman

Headteacher and Designated Safeguarding Lead

SAFEGUARDING LEADS

Hannah Freeman

*Headteacher and
Designated Safeguarding
Lead*
h.freeman@bigginhillps.com

Kate Lawrence

*Deputy
Headteacher and Deputy
Safeguarding Lead*
k.lawrence@bigginhillps.com

Kathryn Sargeant

*Family Liaison, Inclusion
Assistant and Deputy
Safeguarding Lead*
k.sargeant@bigginhillps.com

**If you are concerned
about the safety or
wellbeing of any child
please contact one of us
immediately.**



School hours:

01959 575846

In the event of full school closure - a school mobile number will be provided.



*You will find our Safeguarding
Leads in orange lanyards.
We are all on the gate in
the mornings and
at least one of us at the
end of the school day.*

*Our most current Safeguarding
Policy and addendum during
COVID-19 can be viewed on our
website: <https://www.bigginhillprimary.com/>*

Our Safeguarding Guide is available in our main reception area and can also be found on our website: <https://www.bigginhillprimary.com/> in both screen reading and tri-fold printing format.

***Safeguarding is
our #1 priority
every day.***

STAYING SAFE

Signposting Special

Keeping Safe: In the Sun

Making sure you and your children keep safe in the sun:

- Apply a high factor sun cream regularly
- Wear a sun hat and loose clothing
- Wear sunglasses
- Avoid the sun when it is hottest
- Make sure there is a shady area
- Drink lots of water

Cbeebies have produced a really nice video 'Tips for staying Safe in the Sun' to share with younger children:

<https://www.bbc.co.uk/cbeebies/watch/sun-safety-for-kids>

Keeping Safe: Out and About

Some of our older children that are about to start secondary school may be 'Out and About' which may be a relatively new experience for them.

- Make sure you know where they are going, who they are meeting and what time to expect them back
- Ensure they have a mobile phone with them and have your contact details in their phone
- If they are meeting friends, ensure they have a meeting point if they get separated
- Consider how they might cope with new situations, ie: public transport, queuing, paying for goods in shops etc and talk about this so they know what to expect
- Ensure they have a plan if they get lost
- Ensure they know how to call the emergency services, if needed

The NSPCC have produced a very handy downloadable guide 'Home out alone'.

<https://learning.nspcc.org.uk/research-resources/leaflets/home-or-out-alone-guide>

Keeping Safe: Dehydration

Making sure you and your children keep hydrated in the sun is essential for good health.

Signs of dehydration include:

- Feeling tired and lethargic
- Having yellow and strong smelling urine
- Feeling thirsty
- Feeling dizzy or lightheaded

The NHS have produced a very informative video 'Dehydration' which shows you how to prevent dehydration:

<https://www.nhs.uk/conditions/dehydration/>

Keeping Safe: Online

Below are some tips for parents/carers to help keep children safe online:

- Ask them to NOT share personal information and check what other people can see on their privacy settings
- Be mindful of phishing and scams
- Always ask them to talk to only people they know and think about people they are talking to
- Ensure they NEVER give out their password
- Always ask them to be mindful about what they post - once it's there, it's there!

There is a wealth of information available about keeping safe online, however Childline.org and the NSPCC have some very good information.

<https://www.childline.org.uk/info-advice/bullying-g-abuse-safety/online-mobile-safety/staying-safe-online/>

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/>

*Wishing you all a very safe, restful and enjoyable summer.
We look forward to supporting you all during the next academic year.*

Check out **issue 4** of 'Same but Different' which is all about Growth Mindset. This gives a brilliant insight as to how you can support your child and family over the summer months by using this approach. You can access this via the Parent Portal on our website:

<https://www.bigginhillprimary.com/parent-portal/same-but-different>

Here at BHPS we firmly believe that children need to feel safe and happy in order to be able to learn and for that reason safeguarding is right at the top of our priority list. We have robust procedures for keeping children safe while they are in our care.

<https://www.bigginhillprimary.com/safeguarding>