



BIGGIN HILL
PRIMARY SCHOOL
*Part of the Charles Darwin
Academy Trust*

BHPS SAFEGUARDING

BULLETIN

2021 #3

A MESSAGE FROM OUR DESIGNATED SAFEGUARDING LEAD

Dear Parents and Carers,

Welcome to this month's Safeguarding Bulletin.

I have included some family *Top Tips* around keeping positive and a short summary of our safeguarding process and procedures, to remind our whole community of how seriously we take safeguarding children here at BHPS. This includes; how we respond to disclosures, what you can do if you have concerns about the safety of a child and the categories of abuse.

I have also included a link to the NSPCC Positive Parenting Guide which has some really helpful advice for understanding your child's needs, setting boundaries, building positive relationships and much more.

<https://learning.nspcc.org.uk/media/1195/positive-parenting.pdf>

This lockdown period and time away from loved ones has been a huge challenge for us all. We are here for all our families and are more than happy to provide support wherever we can.

My very best wishes,

Hannah Freeman

Acting Headteacher and Designated Safeguarding Lead

SAFEGUARDING LEADS

Hannah Freeman

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**If you are concerned
about the safety or well
being of any child please
contact one of us
immediately.**

THIS MONTH'S *KEEPING POSITIVE* TOP TIPS FOR THE WHOLE FAMILY

The current lockdown has made us all feel, at times, overwhelmed and low, especially if families are trying to balance work and home learning. With our own anxieties around the pandemic and not being able to have physical contact with close family and friends, we may feel less engaged. Below are some *Top Tips* to help you feel more positive:

- Establish a good routine and be prepared - don't be afraid to change it if things are not working
- Make sure you enjoy some daily exercise - fresh air and a change of scenery can help our minds
- Take some time for you - we all need our own space
- Celebrate the small successes - what is a small thing for one person could be a huge thing for another
- Have some 'down time' as a family and have fun
- Understand your child's needs
- Be kind to yourself
- Know it's OK to not feel OK and tell SOMEONE.

This is a very trying and testing time for everyone, lots is being asked of us all and we have been plunged into a situation that is not easy.



School hours:

01959 575846

In the event of full school closure - a school mobile number will be provided.

Our most current Safeguarding Policy and addendum during COVID-19 can be viewed on our website: <https://www.bigginhillprimary.com/>

***Safeguarding is
our #1 priority
every day.***

A REMINDER OF OUR SAFEGUARDING PROCEDURES *at Biggin Hill Primary School*

We have very strong and robust safeguarding procedures in school. Below is a brief summary of how we respond to disclosures:

What do we do at BHPS if a child makes a disclosure?

RECEIVE:

Listen to what the child is telling you. Do not show shock or disbelief. Do not ask leading or probing questions.

REASSURE:

Reassure the child calmly and gently that they have done the right thing. Never promise confidentiality and explain to the child that the people who can help will be informed.

RECORD:

Record what the child has told you immediately after while it is fresh in your mind. The actual words spoken by the child should be used as much as possible. Specific facts should be recorded accurately. Give this to the Designated Safeguarding Lead immediately.

REPORT:

It is not your responsibility to investigate further but it is your responsibility to report your concerns. Prompt action is paramount. Immediately approach a Designated Safeguarding Lead to discuss your concerns. They will follow the school's Child Protection Policy. Do not discuss this with anyone else other than a Designated Safeguarding lead.

What about during this period of lockdown?

Our duty of care remains the same, our process remains the same for children both in school and learning at home.

What to do if you have concerns about a child's welfare?

If you are concerned about the safety or well being of any child please contact us immediately.



Useful Website:
Positive Parenting

<https://learning.nspcc.org.uk/media/1195/positive-parenting.pdf>

Here at BHPS we firmly believe that children need to feel safe and happy in order to be able to learn and for that reason safeguarding is right at the top of our priority list. We have robust procedures for keeping children safe while they are in our care. <https://www.bigginhillprimary.com/safeguarding>