



**BIGGIN HILL**  
PRIMARY SCHOOL  
*Part of the Charles Darwin  
Academy Trust*

# BHPS SAFEGUARDING

## BULLETIN

2020 #2

### A MESSAGE FROM OUR DESIGNATED SAFEGUARDING LEAD

Dear Parents and Carers,

Welcome to this month's Safeguarding Bulletin.

As we have many children working remotely and learning at home, we thought it would be good to provide some 'Top Tips' for the whole family to encourage some down time away from devices.

I have also included two short summary articles on Houseparty and WhatsApp, which we hope you will find useful.

Attached to this newsletter is a fact sheet '10 Tips to help stay safe online' produced by the Safeguarding Training Centre from The Key, which we think will prove an interesting read.

I have also included some websites - which are a very valuable source for safeguarding information.

**Hannah Freeman**  
*Acting Head Teacher and Designated Safeguarding Lead*

### SAFEGUARDING LEADS

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**If you are concerned  
about the safety or well  
being of any child please  
contact one of us  
immediately.**

### THIS MONTH'S TOP TIPS FOR THE WHOLE FAMILY

Due to COVID-19 and the partial school closure, children are spending more time on devices. It can be hard to know when to make the announcement that it is time for devices to be "OFF!" Here are some *Top Tips*:

- ❑ It's important to get the balance right, especially as children get older and strive for more freedom.
- ❑ Too much time on devices can affect your sleep and mood.
- ❑ Have a set time when devices are turned off in the home - keep to it (it will be easier to manage in the long-run).
- ❑ Have a 'no device' meal time - enjoy just chatting without the temptation to check devices.
- ❑ Plan activities that you can all do away from devices - a walk in the woods, gardening, art activities, small indoor projects etc.
- ❑ Try and plan some 'down time' as a family - you could make this a regular weekly event - maybe each family member could take it in turns for ideas.



**School hours:**  
01959 575846

*Our most current Safeguarding Policy and addendum during COVID-19 can be viewed on our website:*  
<https://www.bigginhillprimary.com/>

***Safeguarding is  
our #1 priority  
every day.***

## ONLINE SAFETY FOCUS

### Houseparty

#### What is Houseparty?

Houseparty is a group video chat. Since lockdown, this app has become very popular as it gives you the opportunity to connect visually with your friends.

#### What is the minimum age that you can use this app?

13

#### What do you need to be mindful of?

- Set up a unique password.
- Be careful about who you add as friends - only accept friend requests from who you know.
- Be very mindful about what you share.
- Make sure you use 'Private Mode'.
- Never share any personal information with anyone.
- Remember you can't stop another person screenshotting you, so be very wise about who your friends are on this platform.
- Make sure you know how to 'Block' and 'Report'.

#### What about bullying?

Remember to report any concerns around bullying to your parents/carers and also school.

#### More Information

See the attached 'Keeping your child safe on Houseparty' fact sheet produced by the Safeguarding Training Centre from The Key.

## ONLINE SAFETY FOCUS

### WhatsApp

#### What is WhatsApp?

WhatsApp is a free messaging app owned by Facebook. It lets you make videos, send messages individually or within a group.

#### What is the minimum age that you can use this app?

16

#### What do you need to be mindful of?

- Keep your personal information and location private.
- Be very mindful about what you share - once it is out there, it's out there.
- It is easy for another person to add a contact to a group on WhatsApp - you need to be aware of this as this could potentially be a person you do not wish to share your contact details with.
- Know how to 'Report' and 'Block' a unknown person.
- Remember, you can leave a group chat whenever you want to.

#### What about bullying?

Remember to report any concerns around bullying to your parents/carers and also school.

#### More Information

See the attached 'Keeping your child safe on WhatsApp' fact Sheet produced by Safeguarding Training Centre from The Key.

## Useful Websites

<https://www.nspcc.org.uk/>  
<https://nationalonlinesafety.com/>

Here at BHPS we firmly believe that children need to feel safe and happy in order to be able to learn and for that reason safeguarding is right at the top of our priority list. We have robust procedures for keeping children safe while they are in our care. <https://www.bigginhillprimary.com/safeguarding>