

## **My Curriculum Map**

| 2023/2024 |                                |                              |                             |                     |   |                                      |
|-----------|--------------------------------|------------------------------|-----------------------------|---------------------|---|--------------------------------------|
|           | TERM 1                         |                              | TERM 2                      |                     | TERM 3  |                                      |
| Nursery   | Introduction to PE<br>: Unit 1 | Fundamentals :<br>Unit 1     | Dance : Unit 1              | Gymnastics : Unit   |   | Ball Skills : Unit 1  Games : Unit 1 |
| Reception | Introduction to PE : Unit 2    | Fundamentals :<br>Unit 2     | Dance : Unit 2              | Gymnastics : Unit 2 | Games : Unit 2  | Ball Skills : Unit 2                 |
| Year 1    | Fundamentals                   | Gymnastics  Ball Skills      | Yoga                        | Fitness  Dance      | Team Building   | Athletics  Target Games              |
| Year 2    | Invasion Games Fundamentals    | Ball Skills                  | Dance Sending and Receiving | Gymnastics          | Net and Wall<br>Games<br>Striking and<br>Fielding Games | Athletics                            |
| Year 3    | Fundamentals<br>Y3/4           | Gymnastics  Ball Skills Y3/4 | Yoga                        | Dodgeball Dance     | Netball   | Cricket  Athletics                   |
| Year 4    | Tennis Tag Rugby               | Handball                     | Gymnastics<br>Fitness       | Dance               | Swimming  | Athletics                            |
| Year 5    | Hockey                         | Yoga<br>Dodgeball            | Gymnastics                  | Dance Tag Rugby     | Golf  | Athletics Rounders                   |
| Year 6    | Basketball                     | Gymnastics                   | Fitness                     | Badminton Y5/6      | Athletics   | Cricket                              |