

Week One Menu

Served weeks commencing: 25 Feb / 18 March / 22 April /
13 May / 10 June / 1 July / 22 July 2019

	MAIN MEAL	VEGETARIAN	JACKET POTATO	COLD DELI	DESSERTS
MONDAY	BBQ CHICKEN WITH RICE	BBQ QUORN SAUSAGE WITH RICE (V)	JACKET POTATO OR FRESH PASTA	CHEESE BAGUETTE	APPLE CRUMBLE WITH CUSTARD
TUESDAY	SPAGHETTI BOLOGNAISE	CHEESE FLAN (V)	JACKET POTATO OR FRESH PASTA	HAM BAGUETTE	CHOCOLATE OATY COOKIE
WEDNESDAY	ROAST TURKEY WITH ROAST POTATOES & GRAVY	CAULIFLOWER CHEESE WITH ROAST POTATOES & GRAVY (V)	JACKET POTATO OR FRESH PASTA	EGG MAYONNAISE BAGUETTE	JAM & COCONUT SPONGE
THURSDAY	MEAT PIZZA WITH WEDGES	CHEESE & TOMATO PIZZA WITH WEDGES	JACKET POTATO OR FRESH PASTA	TUNA MAYONNAISE BAGUETTE	CARROT CAKE
FRIDAY	SALMON or COD FISH FINGERS WITH CHIPS	VEGETABLE FINGERS WITH CHIPS (V)	JACKET POTATO OR FRESH PASTA	CHEESE & HAM BAGUETTE	FRUITY FRIDAY

AVAILABLE DAILY:

Wholemeal bread, fresh salad, water, fresh fruit, fruit yoghurt, Jacket pot OR pasta option daily, as well as Cheese and Crackers



School Lunch menu

SPRING 2019 TO SUMMER 2019

FOOD for LIFE

With this menu we continue with our achievement of Food for Life Bronze; which briefly means your children are being provided healthy, well balanced and professionally created lunches made from the highest ingredients, including free-range, organic and MSC certified fish.

For more information on the award, please visit foodforlife.org.uk/schools



OUR MENU

- Our menus meet or exceed government food standards for school meals.
- Do not include fish on the Marine Conservation Society 'Fish to Avoid' list.
- Only contain British farm assured meat.
- Are nut free, peanut free and shellfish free



Week Two Menu

Served weeks commencing: 4th March / 25th March / 29th April / 20th May / 17 Jun / 8 Jul 2019

	MAIN MEAL	VEGETARIAN	JACKET POTATO	COLD DELI	DESSERTS
MONDAY	SAUSAGE, MASH & GRAVY	VEGETABLE SAUSAGE, MASH & GRAVY (V)	JACKET POTATO OR FRESH PASTA	CHEESE BAGUETTE	CHOCOLATE SPONGE WITH CHOCOLATE SAUCE
TUESDAY	BEEF CHILLI WITH NACHOS	VEGETABLE CHILLI WITH NACHOS	JACKET POTATO OR FRESH PASTA	HAM BAGUETTE	JAM TART & CUSTARD
WEDNESDAY	ROAST GAMMON, ROAST POTATOES, VEGETABLES AND GRAVY	CAULIFLOWER CHEESE WITH ROAST POTATOES (V)	JACKET POTATO OR FRESH PASTA	EGG MAYONNAISE BAGUETTE	SHORTBREAD BISCUIT
THURSDAY	CHICKEN FAJITAS	MIXED BEAN & VEGETABLE TORTILLA (V)	JACKET POTATO OR FRESH PASTA	TUNA MAYONNAISE BAGUETTE	APPLE/ COCONUT CAKE
FRIDAY	FISH FINGERS WITH CHIPS	CHEESE & TOMATO PASTA BAKE (V)	JACKET POTATO OR FRESH PASTA	CHEESE & HAM BAGUETTE	STICKY TOFFEE PUDDING

Week Three Menu

Served weeks commencing: 11th March / 1st April / 6th May / 3 Jun / 24 Jun / 15 July 2019

	MAIN MEAL	VEGETARIAN	JACKET POTATO	COLD DELI	DESSERTS
MONDAY	CHICKEN IN TOMATO SAUCE WITH PASTA TWISTS	QUORN IN TOMATO SAUCE (V)	JACKET POTATO OR FRESH PASTA	CHEESE BAGUETTE	ICED LEMON SPONGE
TUESDAY	BEEF BURGER WITH BAKED WEDGES	VEGETARIAN HOTDOG WITH BAKED WEDGES (V)	JACKET POTATO OR FRESH PASTA	HAM BAGUETTE	CHOCOLATE RICE CRISP CAKE
WEDNESDAY	ROAST CHICKEN, VEGETABLES, ROAST POTATOES AND GRAVY	CHEESE & TOMATO PUFF (V)	JACKET POTATO OR FRESH PASTA	EGG MAYONNAISE BAGUETTE	SHORTBREAD
THURSDAY	MINCED BEEF & VEGETABLES WITH MASHED POTATOES	MACARONI CHEESE (V)	JACKET POTATO OR FRESH PASTA	TUNA MAYONNAISE BAGUETTE	GOOEY ORANGE PUDDING
FRIDAY	FISH FINGERS, BEANS AND CHIPS	VEGETABLE FINGERS WITH CHIPS (V)	JACKET POTATO OR FRESH PASTA	CHEESE & HAM BAGUETTE	STRAWBERRY JELLY WITH ICECREAM



AVAILABLE DAILY:

Wholemeal bread, fresh salad, water, fresh fruit, fruit yoghurt, Jacket pot OR pasta option daily, as well as Cheese and Crackers